



**ST. AUGUSTINE  
ELKS LODGE #829**



# **LODGE BULLETIN**



**September, 2016**

# Exalted Ruler's Message

Summer is almost over and I am ready for a break from this heat. Family Day went well and I know many kids and some not so young kids who slept well that night. Thanks to all the members and friends that brought out their kids, grandkids, and great grandchildren to come out and enjoy a car show, splash around, and enjoy lunch on the Elks. Thanks to all the officers, volunteers, and staff that helped make it a great time for all who came out.

We had a successful Veterans Stand Down August 20<sup>th</sup>. We received an ENF grant to assist the Veterans Service council in provide necessary essentials for over a hundred local Vets. This was a big event that brought together all the veterans service organizations. In addition to essentials like backpacks, blankets, and personal items; we had everything from counselors to barbers for the homeless vets. Fred Dupont headed up the entire project and George April was overseeing the kitchen! Over twenty Elks showed their dedication to demonstrating the virtues of Charity and Brotherly Love. Thanks to all the volunteers who helped out. This is what Elks are about!

Fall is right around the corner and this time of year is when we take an evening to visit other lodges in the Mighty Northeast district. This is a great chance to meet members from other lodges in our district. On September 24<sup>th</sup> we go to Green Cove Springs on the St Johns River. On October 22, we travel to Gainesville, the current state ritual champions for another visitation. If you would like to meet new Elk friends, come with us and join in fellowship and a great dinner. If anyone wants to share a ride, let me know.

Not too long ago, George April was the in the hospital and he gave some of us a pretty good scare! George has shown us that he is back, with a lot of good deeds left to do. He helps with bingo, he is the bar manager, and is part of the ritual coaching team. George is an Elk to be commended for always saying yes to a challenge or volunteer position. You can usually find George sitting on our front porch to greet the members with his smile and a wave. George April is the Elk of the Month for September.

**Gebert, Exalted Ruler**

# Lodge Happenings

## Full Service Dining on Friday

The biggest and most challenging new service was of course the “Full Service Dining Experience”. You now can enjoy waitress service at your table on Friday night for dinner. When we first began this service we were far from efficient, but thanks to our patient and understanding members over the last several weeks we have learned and are becoming more efficient each week. Come and join us on Friday. We will also now be serving dinner an hour earlier (5:00pm – 8:00pm). This will allow those of you who would prefer to come have dinner early and are not planning to stay for the entertainment. Also, enjoy a 10% early bird discount from 5:00pm– 6:00pm.

## Food Every Day

We now offer food at the bar on a daily basis. This service is in a trial phase, which means if we get enough members supporting the program by buying food each day the service will remain in effect. The “**Bar Menu**” is as follows:

<b>Hamburgers \$6.00</b>	<b>Grilled Chicken Sand w/cheese \$5.50</b>
<b>Cheeseburgers \$6.50</b>	<b>Fried Chicken Tenders \$5.00</b>
<b>Bacon Cheeseburgers \$7.00</b>	<b>Basket French Fries \$2.50</b>
<b>Grilled Chicken Sandwich \$5.00</b>	<b>Potato Skins \$3.00</b>
<b>Fried Cheese Sticks \$3.50</b>	<b>Chef's choice, “Special of the Day” \$8.00 to \$10.00</b>

We hope the members like this service and it will be totally up to you to help keep the menu running.

## FREE Dance Lessons

If you would enjoy learning some basic **East Coast Swing** dance steps, we have a plan for you. During September, Jim & Peggy White will teach their dance for beginners class on the first and second Tuesday (6th & 13th) from 7:00 to 7:45 pm with open dancing afterwards. No partners or reservations are needed. Just put on your dancing shoes and get ready for some fun.



## ***Eland News*** ***September, 2016***



WOW, it has been a very long hot summer and I have been looking for any excuse not to go outside. Air-conditioning has become my BFF. Which isn't so bad since Football Season as started.

Our Luau was a great success and I would like to thank again our Chair Ladies, Sharyn Grace and Elizabeth Bastedo for a great job along with all the ladies who helped to make this event one of the best. Thank you ladies for a job well done.

We have entered our slow period; our next Big Fundraiser will be in January. Our annual Garage/White Elephant Sale, so please start saving all your items for this next big event.

Our September Eland Luncheon Social is scheduled for September 24<sup>th</sup> and the location of this fun event will be decided by the membership at our September meeting. I look forward to having lunch with our members and friends and its always great fun to try new places to eat. So, keep an eye on your e-mail for your reminder and "Let's Do Lunch."

Orientation for new Elks Members will be Tuesday, September 27<sup>th</sup> at 6:30 PM, come join Sharyn Grace, our Vice President and Membership Chair Lady, as we share Eland with the new incoming members and their spouses.

Eland's next meeting will be held on Wednesday, September 7<sup>th</sup> at 7:30 PM in the back Hall and I encourage each of you to stay after to enjoy each other's friendship and share ideas. And don't forget our Eland Luncheon Social for Eland members, friends and guests or anyone who would like additional information on becoming an Eland member, location to be announced.

For additional information about Eland, please contact our Vice President / Membership Chair Lady, Sharyn Grace, you can reach her at (516) 312-6317 or by e-mail [sharynmgrace@yahoo.com](mailto:sharynmgrace@yahoo.com) or you may contact me.

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### ***Eland Proud!***

**Judy Reyes, President**  
**(904) 825-8569**

(904) 825-8569; E-mail [reddhott411@yahoo.com](mailto:reddhott411@yahoo.com)

## NOTICES

Lists of current membership candidates (new, transfers or reinstatements) are posted on the Lounge Bulletin Board.

Members wanting to comment on a prospective candidate should contact a Lodge Officer or send an email to: [elks829secretary@gmail.com](mailto:elks829secretary@gmail.com).

A list of bills-to-be-paid and detailed budget information is available at the Wednesday meetings.

Only **members** can sign in guests or purchase alcoholic beverages for them. Identification cards are not valid for these purposes.

Please notify the Secretary ([elks829secretary@gmail.com](mailto:elks829secretary@gmail.com) or (904)471-2829 when your address, phone or email changes.

# Trivia Night

Mondays 7:00-9:00 PM

Join a Team-Fun—Excitement—Braggin' Rights

**BINGO**

**Elks Lodge #829**

**1420 A1A SOUTH • 471-3557**

**Every Thursday Night  
"Smoke Free"**



**Doors Open 4pm  
Early Birds 5pm • Reg. Games 6:15pm  
WE HAVE PULL TABS**



## Be a *Ready Rider* and Help our Lodge Get It Done!

In the Old West, a posse was made up of *Very Busy* citizens who sometimes were able to get away from the daily challenges of survival to assist in a necessary community objective. The ELKS Ready Riders are busy living their lives but are willing to be approached when certain activities are in need of assistance. The Ready Riders are asked to check activities of interest such as decorating for parities, assisting food services, etc.

Elks Ready Riders are never obligated to assist if contacted. By filling out the form you are only stating an interest and *May Be Contacted* to find out more about how you are looking to volunteer and be part of the Ready Riders!

Preference chart is listed below; add any special talents to the "other" box.

### Check your areas of interest:

- |   |   |
|---|---|
| <input type="checkbox"/> Ready Recruitment Team   | <input type="checkbox"/> Painting and Decorating                  |
| <input type="checkbox"/> Ready Rider Contact Team | <input type="checkbox"/> Minor Carpentry/Construction/Maintenance |
| <input type="checkbox"/> Bingo Team               | <input type="checkbox"/> Inventory Team                           |
| <input type="checkbox"/> Event Parking Team       | <input type="checkbox"/> Office Support                           |
| <input type="checkbox"/> Food Preparation         | <input type="checkbox"/> Family Activities Team                   |
| <input type="checkbox"/> Event Decoration         | <input type="checkbox"/> Photography Team                         |
| <input type="checkbox"/> Event Set-up/Take-down   | <input type="checkbox"/> Charity-Related Team                     |
| <input type="checkbox"/> Civic/Community Outreach | <input type="checkbox"/> Public Relations                         |
| <input type="checkbox"/> Other!                   |   |

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NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ Best time to contact you: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Comments:

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***These forms will be available at the Bar or you can use this page and drop it in the Secretary's Mailbox (at the Bar) or mail it: PO Box 238, St Augustine, FL 32085.***



## **Parking Volunteers Urgently Needed**

### **Upcoming Amphitheater Parking Events**

#### **Saturday, September 10th**

Brian Wilson with Al Jardine & Blondie Chapman

#### **Friday, September 23rd**

Widespread Panic

#### **Saturday, September 24th**

Widespread Panic

#### **Friday, September 30th**

Profits of Rage with AWOLNATION & Wakrat

**If you can help, send an email to [elks829secretary@gmail.com](mailto:elks829secretary@gmail.com)**



## ENF Corner

### **2017 MOST VALUABLE STUDENT SCHOLARSHIP CONTEST OPENS**

The 2017 Most Valuable Student scholarship contest is open to any high school senior who is a US Citizen. Applicants will be judged on scholarship, leadership, and financial need. Applications for the 2017 contest will be available online starting September 1, 2016. The 2017 MVS application deadline is November 30, 2016. The Elks National Foundation will award 500 four-year scholarships to the highest-rated applicants in the 2017 competition.

In late April, the 20 top finalists will participate in an all expenses paid Leadership Weekend in Chicago during which they'll interview with the national judges. These 20 finalists will be vying for two first-place awards of \$50,000; two second-place awards of \$40,000; and two third-place awards of \$30,000. The remaining 14 finalists will receive awards of \$20,000. The 480 runners-up will receive fifth-place scholarships of \$4,000.

The Chicago office of the Elks National Foundation will announce the 500 national winners, and notify them in writing, by late April 2017. Ranging from \$1,000 per year to \$12,500 per year, Most Valuable Student scholarships are for students pursuing a four-year degree, on a full-time basis (minimum of 12 semester hours), in a U.S. college or university. All scholarships are in the form of certificates of award conditional upon the full-time enrollment of the winner in an accredited U.S. college or university.

Most Valuable Student scholarship guidelines:

- Any high school senior who is a U.S citizen is eligible to apply.
- Applicants need not be related to a member of the Elks.
- College students are not eligible to apply.
- Applicants must be citizens of the United States on the date their applications are signed; permanent legal resident status does not qualify.
- Male and female students compete separately.

For additional information about this and other scholarship programs offered by Elks National Foundation, please do not hesitate to call me.

**Fraternally, Bob Kershner, PER, ENF Chair Lodge 829**

### Lounge Hours

Monday	3 PM - 10 PM
Tuesday	3 PM - 10 PM
Wednesday	3 PM - Midnight
Thursday	3 PM - 10 PM
Friday	3 PM - Midnight
Saturday	1 PM - 9 PM
Sunday	1 PM - 9 PM

**Hours may be extended for special events and on nights there is a show at the Amphitheater.**

### Tiki Hours

Saturday	Closed
Sunday	1 PM - 8 PM *

(Tiki closes at 6 PM during Amphitheater Events)

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*Serving great food at the Lodge on Monday, Wednesday & Friday nights and at the Tiki Bar on Sundays.*



## LODGE OFFICERS 2016-2017

EXALTED RULER	JOHN GEBERT
EST. LEADING KNIGHT	LORIN AUSTIN
ESTEEMED LOYAL KNIGHT	RANDY STAY (PER)
ESTEEMED LECTURING KNIGHT	MIKE HUGHES
SECRETARY	MICHAEL RATHMANN
TREASURER	DAVID LEE (PER)
TILER	WALT MICKLE
ESQUIRE	CONNIE SARNOWSKI
CHAPLAIN	MEGAN KELLEY
INNER GUARD	JEAN LAMBLIN
ORGANIST	GEOFF DOBSON (PDD)
LODGE ADVISOR	BOB CATUTO (PDD)

## TRUSTEES

ONE YEAR	SARA MC DAVITT
TWO YEARS	IRV STOCKDALE
THREE YEARS	ELIZABETH WEST (PER)
FOUR YEARS	JOE SMITH SR. ( <b>CHAIR</b> )
FIVE YEARS	OLEN MEREDITH (PER)

## ELKS CLUB, INC.

PRESIDENT	PAT SHIPLEY (PER)
VICE PRESIDENT	BOB KERSNER (PER)
TREASURER	JAMES DEAN (PER)
SECRETARY	TED BEAL (PDD)
MEMBER	LOUIS WISE (PDD)
MEMBER	BARRY MASTERS (PER)

## COMMITTEE CHAIRS 2016-2017

<b>ACCIDENT PREVENTION</b>	Gerald Williams	364-8395
<b>ACTIVITIES</b>	Jean Lamblin	477-2837
<b>AMERICANISM</b>	Ted Beal (PDD)	824-5070
<b>AUDITING</b>	Tom Kavanaugh	868-0007
<b>BINGO</b>	Bob Catuto (PDDGER)	669-3510
<b>CHARITY</b>	Lorin Austin	377-5758
<b>DRUG AWARENESS</b>	Irv Stockdale	471-7812
<b>ELAND LIAISON</b>	John Gebert ER	814-4055
<b>ELKS NATIONAL FUND</b>	Bob Kershner (PER)	829-6220
<b>FRATERNAL</b>	Randy Stay (PER)	460-0550
<b>GOVERNMENT RELATIONS</b>	Harry Waldron	501-2010
<b>INVESTIGATION</b>	Ted Beal (PDD)	824-5070
<b>MEMBERSHIP</b>	George April (PER)	826-6098
<b>ORIENTATION</b>	Lorin Austin	377-5758
<b>PARKING</b>	Jim Bellamy	461-0139
<b>PER ASSOCIATION LAISION</b>	Fred Dupont (PER)	540-8704
<b>PUBLIC RELATIONS</b>		
<b>RELIEF</b>	John Gebert ER	814-4055
<b>VETERANS AFFAIRS</b>	Fred Dupont (PER)	540-8704
<b>YOUTH ACTIVITIES</b>	Irv Stockdale	471-7812

## HOUSE COMMITTEE

<b>CHAIR</b>	Jim Bellamy
<b>BAR</b>	George April (PER)
<b>GAME ROOM</b>	Bob Jonis
<b>DINING</b>	Jean Lamblin
<b>SAFETY</b>	Gerald Williams
<b>LODGE NETWORK</b>	Lorin Austin

## ***How Dogs Can Help Veterans Overcome PTSD***

Reprinted from Smithsonian Magazine

Going to the movies was the worst: the crowds, the dark, the whispering. “I would constantly be scanning for who was going to come stab me from behind,” says Robert Soliz, a 31-year-old former Army Specialist from San Joaquin, California. He was discharged in 2005 after serving in a heavy artillery quick-reaction force in South Baghdad. But fear, anxiety, depression and substance abuse swept into his life, and Soliz became one of 300,000 U.S. veterans of the wars in Iraq and Afghanistan with a diagnosis of post-traumatic stress disorder.

Isolated, his family deteriorating—“I couldn’t show affection, couldn’t hug my kids”—Soliz turned to the Palo Alto V.A. Medical Center. One recent morning, he talked about his progress. Hanging from his belt was a container of doggie treats, a link to the treatment he credits with saving his life. Soliz participates in Paws for Purple Hearts, one of four experimental programs nationwide that pair veterans afflicted by PTSD with Labrador and golden retrievers. Launched in 2008 by a social worker named Rick Yount, the program arranges for a veteran to spend six weeks with a dog, training it to be a mobility-assistance animal for a physically disabled veteran.

It’s no surprise that a doe-eyed creature like the one at Soliz’s feet can soothe, but other benefits are less predictable. The animals draw out even the most isolated personality, and having to praise the animals helps traumatized veterans overcome emotional numbness. Teaching the dogs service commands develops a patient’s ability to communicate, to be assertive but not aggressive, a distinction some struggle with. The dogs can also assuage the hypervigilance common in vets with PTSD. Some participants report they finally got some sleep knowing that a naturally alert soul was standing watch.

Soliz says his life is slowly coming back to him. He now can go to the movies without panicking—and hug and kiss his two kids.



***“So long as there are veterans, the Benevolent and Protective Order of Elks will never forget them.”***



**FOCUSING ON YOUTH**  
*LOCAL & STATE YOUTH PROGRAMS*

**Florida Elks Youth Camp**

We sent 18 children to the FEYC summer sessions this year.

Your donations and continued support of the FEYC make this possible. Thanks to all of you brothers and sisters.

It is never too late to donate money for the Florida Elks Youth camp. Please continue with your donations of games, sports items and other things that are appropriate, for the 9-13 year old children who attend our Florida Elks Youth Camp. They have requested that we not send clothing, as they wish to purchase new clothing items for the less fortunate campers. We continue to need donations, particularly SPORTS equipment that can be used at the camp. Keep them coming!!

Please continue to contribute to the FEYC throughout the year. Your contributions make it all possible.

If you have any questions about the camp, trip or donations, please feel free to call me at any time

**Irv Stockdale**

Cell: 904 315 3773, Home 904 471 7812. Email: [kodagator@bellsouth.net](mailto:kodagator@bellsouth.net).